

SPC 413



OFFICE OF THE DEPUTY PRINCIPAL

ACADEMICS, RESEARCH AND STUDENT AFFAIRS

UNIVERSITY EXAMINATIONS

2020/2021 ACADEMIC YEAR

FOURTH YEAR SEMESTER ONE REGULAR MAIN
EXAMINATION

**FOR THE DEGREE OF BACHELOR OF
EDUCATION ARTS**

COURSE CODE: SPC 413

**COURSE TITLE: HUMAN GROWTH AND THE PSYCHOPATHOLOGY OF
DEVELOPMENT**

DATE: 8TH MARCH 2021

TIME: 2:00 -5:00PM

INSTRUCTION TO CANDIDATES

- SEE INSIDE

**THIS PAPER CONSISTS OF THREE PRINTED PAGES
OVER**

PLEASE TURN

MAIN EXAM

SPC 413: HUMAN GROWTH AND THE PSYCHOPATHOLOGY OF DEVELOPMENT

STREAM: BSc.CP

Time: 3 Hours

INSTRUCTIONS TO CANDIDATES

- i). Answer Question **ONE** and any other **TWO** questions.*
- ii) Do not write on the question paper.*

Question One

- a) Using illustrations, explain the meaning the following terms:
 - i) Growth ii) Development iii) Psychopathology iv) secondary agents of socialization
 - v) Pre-natal development (10Marks)
- b) Examine **FOUR** factors influencing human growth and the development of psychopathology (10Marks)
- c) Citing relevant examples, explain **FIVE** causes of human psychopathologies in our contemporary society (10Marks)

Question Two

- a) Mental disorders can be conceptualized as referring to problems in four areas. Assess the **FOUR** areas of deviations. (10Marks)
- bi) As a counselor explain, **TWO** most widely used diagnostic systems for classifying mental disorders in our societies. (4Marks)
- ii) Citing relevant examples, explain **THREE** types of anxiety disorders (6 Marks)

Question Three

- a) Assess Psychodynamic theory explanations of the development of psychopathology (12 Marks)
- b) Discuss **FOUR** intervention measures applicable in managing mental disorders (8Marks)

Question Four

- a) Using relevant examples, explain **TWO** ways in which each of the following factors can influence the development of psychopathologies (10Marks)
 - i) Parents and parenting styles
 - ii) Peers
 - iii) School environment
 - iv) Substance or drug use
 - v) Traumatic or stressful experiences

b) Using the knowledge acquired from this course, describe FIVE measures applicable in managing mental disorders. (10Marks)

Question Five

a) As a contemporary counselor, explain FIVE ways in which personality and behaviour changes can be predisposing factors to the development of psychopathologies (10Marks)

b) Citing relevant examples, examine FIVE common signs and symptoms that will confirm to you that your client is suffering from anxiety disorders (10Marks)
