



OFFICE OF THE DEPUTY PRINCIPAL

ACADEMICS, RESEARCH AND STUDENT AFFAIRS

UNIVERSITY EXAMINATIONS

2019/2020 ACADEMIC YEAR

FIRST YEAR SECOND SEMESTER REGULAR EXAMINATION

**FOR THE DEGREE OF BACHELOR OF
EDUCATION**

COURSE CODE: PSY 211

COURSE TITLE: EDUCATIONAL GUIDANCE AND COUNSELING.

DATE: 26TH OCTOBER, 2020

TIME: 9.00 A.M – 12.00 NOON

INSTRUCTION TO CANDIDATES

- SEE INSIDE

THIS PAPER CONSISTS OF TWO PRINTED PAGES PLEASE TURN OVER

REGULAR – MAIN EXAM

PSY 211: EDUCATIONAL GUIDANCE AND COUNSELING.

STREAM: BED

Time: 3 Hours

INSTRUCTIONS TO CANDIDATES

- i) Answer Question **ONE** and any other **TWO** questions.*
- ii) Do not write on the question paper.*

Question One

- a) Distinguish between guidance and counseling (4marks)
- b) Explain THREE differences between guidance and counseling (6marks)
- c) As a counselor, describe FIVE basic techniques that you are supposed to employ in your guidance and counseling practice (10Marks)
- d) Discuss FIVE necessary conditions that will enable a counselor to serve efficiently and effectively in a school set up. (10Marks)

Question Two

- a) Our community today is full of stress, based on this statement explain FIVE causes of stress among students (10Marks)
- b) Examine FIVE classroom management techniques necessary for a conducive learning environment (10Marks)

Question Three

- a) Citing relevant examples, describe FIVE qualities of an effective teacher counselor (10mks)
- b) A Class teacher's support to guidance and counseling department cannot be underrated. In line with this statement, describe FIVE roles of an effective class teacher in a school (10Marks)

Question Four

- a) With relevant examples, discuss FIVE behavioral symptoms of stress among people (10Marks)
- b) Examine FIVE reasons that prompted the establishment of guidance and counseling department in secondary schools in Kenya (10Marks)

Question Five

- a) Using relevant examples, explain FIVE challenges commonly faced by students in learning institutions that require the attention of the counselor. (10Marks)
- b) As the master counselor in school, describe FIVE factors that you will encourage your students to consider while making their career choices. (10Marks)
